

THE MARLPIT

THE COMMUNITY PAPER FOR THE VILLAGES OF COLTISHALL,
HORSTEAD AND GREAT HAUTBOIS

www.themarpit.com



June 2003



Village Diary

June 2003



| | | |
|----------------------------|---------------|--|
| Sunday 1 st | 1 pm | Wroxham & Hoveton Lions Club, 50/50 Auction, Hoveton Village Hall |
| Tuesday 3 rd | 9.30 - 11.30 | Salvation Army, Mini-Market with Light Refreshments |
| Saturday 7 th | 2 00 - 5.00 | Coltishall Benefice, Medieval Summer Fete, All Saints Horstead |
| Saturday 7 th | 7.30 - 11.00 | Friends of Coltishall Primary School, C E R O C Evening, Coltishall Primary School, St Johns Close |
| Sunday 8 th | 10.00 - 13.00 | Taverham Hall, Sponsored Walk For Breakthrough Breast Cancer |
| Monday 9 th | 7.30 pm | 9 th Royal British Legion, Meeting, Church Room, Coltishall |
| Wednesday 11 th | 7.30 pm | Wroxham Flower Club, The Church Hall, Wroxham, Julie Woods of Cambridge, Summer Splendour |
| Tuesday 17 th | 9.30 - 11.30 | Salvation Army, Mini-Market with Light Refreshments |
| Wednesday 18 th | 7.30 pm | Marlpit Editors' Meeting |
| Wednesday 18 th | 7.30 pm | Coltishall & Horstead Women's Institute, Church Room, Coltishall, 'From Briston to Brompton Road', Mr Clifford Shinn |
| Saturday 21 st | 6.30 pm | BBQ, Patio, Salvation Army Hall |
| Saturday 28 th | | Coltishall Social Club, The Dogs |
| Monday 30 th | 2.30 pm | Ladies Rally, Salvation Army Hall |

July 2003

| | | |
|----------------------------|---------|---|
| Monday 7 th | 7.30 pm | Coltishall, Parish Council Meeting, Village Hall, Rectory Road, |
| Friday 11 th | 6.30 pm | Charity Garden Evening, Hoveton Hall |
| Wednesday 16 th | 7.30 pm | Coltishall & Horstead Women's Institute, Church Room, Coltishall, The Cure of the Bright Lights, Dr S H Ashworth, UEA |
| Friday 18 th | Evening | Mike Groves Run 2003 |
| Wednesday 23 rd | 7.30 pm | Jubilee Players, Tithe Barn, Horstead, Four One-Act Plays |
| Thursday 24 th | | |
| Friday 25 th | | |
| Saturday 26 th | | Coltishall Social Club, Horse Racing Night |

Future Events

| | |
|----------------------------------|--|
| Saturday, 2 nd August | The Mill House Nursing Home, Mill Road, Horstead, Garden Party |
| Saturday, 9 th August | Great Hautbois House Family Fun Day |

Front Cover Picture

Otters
From The Editors



The past few months have been quite unsettling for the Marlpit committee. We have had the uncertainty of the future accommodation for the printer hanging over us and changes within the committee itself. Coupled with that have been quite substantial changes within the stapling and delivery teams and overall control of the distribution. I am pleased to be able to say that we are now hoping that this period of uncertainty is behind us. You will be glad to know that we have finally found a new home for the printer. Over recent weeks we had a number of offers of accommodation with which, for one reason or another, we were not able to proceed. We are however very grateful to those people who tried their best to accommodate us. Thank you so much. We have now received an offer which we feel sure will suit us all admirably and we are so grateful. I hope that this is a beginning of a new period of stability for us all again.

We recently had our Annual Production meeting where we go through the major business and elect officers for the coming year. You will see on the back page the new committee and also a new name appears. Andrea has offered her assistance and has been welcomed onto the committee with open arms. She will also be acting as our Secretary and will be in overall control of Distribution. Our two printers came to the meeting as well and we were most grateful for their input into how we should proceed with The Marlpit production.

I believe Ronnie has some news about Broadband so look out for his news from the Web Site which is growing in the number of visitors it receives on a monthly basis quite amazingly. For those of you who have not looked at the site may I suggest you look at www.themarpit.com. If you have any suggestion as to how we can develop this aspect of The Marlpit further then please contact us.

We have recently come across some copies of The Marlpit from over 20 years ago. We thought you might like to see the odd article from them from time to time so look out for the archive spot as well.

B G

Within this month's Marlpit we have published a letter from Gill Riley regarding the effort that is being made to establish a Youth Club for our area. We can all be quick to complain when we see young people sitting around the war memorial in Horstead or on the wall outside the garage in Coltishall, generally being noisy and making a nuisance of themselves. Perhaps if we put as much effort in doing something about it as we do in complaining, then we can achieve an improvement.

The youngsters who attended the 'Youth Challenge' meeting in April essentially wanted somewhere, protected from the weather, where they could meet, chat, play pool etc. It would be quite ridiculous if the meeting facilities that we already have in the village were unable to accommodate this requirement and we sincerely hope that the management of the venue proposed will be flexible enough to accommodate them.

As well as a venue, the need is for volunteers to give up some of their time to provide support on the youth club evenings. The more people who volunteer, the greater the responsibility is spread. Don't just sit there complaining - offer to help!

A trained youth worker will be 'on hand', albeit at a cost, (for which it is hoped the Parish Councils will provide). Funding for activities and projects is apparently available via grants provided the young people establish their own 'committee and constitution' i.e. essentially run it themselves, with help and advice.

The opportunity is there now to get this Youth Club up and running. Do you leave it to somebody else or do you ask yourselves 'how can I help'. For further information or to volunteer we repeat the contact numbers, which are also contained within the published letter:

Lorna 737255 Nigel 07899 995901 Gill 738060 Doreen 737955

Over to you!

MD

The Website
<http://www.themarpit.com>



Last month's number of visitors was 2,477. Therefore, still growing, the website features on all major search engines, and we are getting visitors worldwide.

New – You can now chat online with one of the Marlpit team, there you'll be able to raise your concerns and discuss issues regarding the village and the Marlpit.

We are always looking for feedback to improve the website in order to serve our community better, so, please don't hesitate to email your comments to us at **website@themarpit.com**. In development at the moment is a villages section of the Marlpit website which will include photographs and maps of the villages and all the local attractions.

Ronnie

Broadband Update
<http://www.themarpit.com/broadband>

We have had a great response last month and thank you for all those who replied both by post and through the website. At time of writing this, there were 94 pre-registrations. Due to complications with BT we're going to stop the registration through the Marlpit website for the time being, but there will be updates on the progress; therefore, it'll be useful to visit for up-to-date information on the progress. **We still need more!!**

The easiest and fastest way to pre-register is by calling BT Broadband on 0800 800 060; please note that they are an Internet service provider and there are a various other providers out there, but the main aim is to make this as easy as possible, that's why I'm providing only one number. You can get a full list of service providers by following the link from our site.

While we wait ... **I currently use the NTL Freedom package, and have been for a long time, long before it was called that, and would recommend it to anyone. What I get is unlimited Internet connection for £15 a month. Included is £15 worth of telephone calls every month. So, if you use the £15 worth of telephone calls, you're effectively getting unlimited Internet for free. Their number is 0845 650 6123.**

Ronnie

Bonfires Again

I would just like to say a big thank you to the person who lives on Norwich Road, Horstead - they will know who they are!

They had an enormous bonfire all afternoon on Saturday 10th May which left pieces of ash the size of 20p pieces all over our garden in Causeway Drive (and those of most of St Margaret's Close as well, I should imagine).



As someone who works all week, this is the only opportunity to get my washing dry and to get the gardening done. I had to take all of my washing in as it was getting filthy and almost had to give up on cutting the grass because of the smoke.

Unfortunately, there is nothing to be done about inconsiderate neighbours like this except to appeal to their better nature and hope that they will not do it again.

Would the culprit please take note.

Dawn Turner

Growing Up With Ben

Buddies



You will probably remember how it was when you first started school. As the youngest and the smallest group of children in the school, playtime could be quite daunting. At Coltishall Primary they overcome this with the 'buddy' system. For each of the reception and Year 1 children, an older 'buddy' from Year 4 or 5 is chosen by the teachers.

The younger children are introduced to their 'buddy' and have the opportunity to share a playtime in order to get to know each other. Beyond that, what does a buddy do? Ben explained it this way:

'If you are upset or hurt, then you can go to your buddy who will try to sort out the problem or take you to a teacher. If you feel lonely and have nobody to play with, you can find your 'buddy' who will look after you.'

This buddy system must not only give the older children a sense of responsibility but would also reduce the likelihood of any bullying. For the younger children it gives them a greater sense of security in their early years at school.

Ben tells me that they also have a 'naughty bench'. If you have been misbehaving during playtime, you are sent by the teachers to the naughty bench for a period related to the degree of naughtiness. A sort of 'sin bin'.

Ben assures me he has never been sent to the naughty bench.

MD

Coltishall Youth Initiative

The youth initiative committee was established by the Coltishall Parish Council to try and address some of the issues raised regarding young people in this village. There have been many complaints about young people hanging around with nothing to do, and many of the youngsters themselves feel this too.

As a result an open evening was held on the 10th April, in the school for people, young and old to come and give their views. A good attendance listened to a presentation from Chris Reilly and Sharon Stone, from the Broadland Youth Service. Then followed group discussions, to generate views and ideas.

Two main themes came through. The resounding request was for a skate park, nothing grand, but somewhere that the young people could practice away from the road, and without interfering with pedestrians. The second request was for a youth club, where again they could meet, safely, and enjoy themselves.



Chris Reilly explained that to raise funds for a skate park it would be necessary to have a properly organised youth club with a committee made up of its members, who could then apply for grants. The enthusiasm for raising funds for themselves was palpable, with talk of sponsored events and so on.

Names were taken for volunteer helpers, fund raisers and ideas, and a meeting of these people will have taken place on the 23rd May, but if anyone still wishes to volunteer, they will be more than welcome. It is planned to have a rota, so no one person has to make all the effort, which is one of the reasons the last youth club foundered. To raise money, the onus will be on the youngsters, and it is up to them to make it work, which I am sure they are more than willing to do, with help from us.

Finding suitable premises for a youth club is proving difficult, hut we are pressing on. We need to establish this to begin fund raising for the skate park. The good news is a suitable site has been earmarked and we just await confirmation in writing from the CCA.

For further information, or to volunteer, please contact one of the following numbers:

Lorna 737255 Nigel 07899 995901 Gill 738060 Doreen 737955

Please support us and make it work for the young people of the village. Thanks

Gill Riley

Youth Initiative Committee

* * * * *

Great Hautbois House Family Fun Day

We are holding our Annual Family Fun Day on Saturday, 9th August this year and will have limited space available in a marquee for local craftspeople wishing to sell their goods. No bric-a-brac, plants or jumble, please.

Please could requests be sent to: Great Hautbois House, 7 Great Hautbois Road, Coltishall, Norwich, NR12 7JN. Please state what you will be offering for sale and approximately how much space you would require. Some tables may be available on-site. Space will be allocated on a first-come, first-served basis to suitable applicants.

There may also be space available on-site for other concessions (not food) – please send requests to the same address.

Upper Bure Internal Drainage Board and Otters

The King's Lynn Consortium of Internal Drainage Boards, of which the Upper Bure Internal Drainage Board is a member, recently completed an otter survey of the drainage district. The results were very encouraging with otter signs being recorded at over a quarter of sites surveyed. This is roughly double the amount of positive sites for the area compared to the 1996-7 Norfolk Otter, Water Vole and Mink survey. The results support other evidence from around the county that suggests otter numbers are increasing and they are re-colonising areas where they were once common.

Whilst the areas managed by the drainage board are unlikely to be large enough to support otter populations alone they provide feeding and lying up areas. Additionally they also offer safe dispersal corridors between catchments, keeping otters away from roads, which is important, as road deaths are one of the major causes of otter mortality.



The Board carries out its maintenance to an environmental standard set out in its Standard Maintenance Operations document, this involves taking a little and often approach to management to ensure that standards of flood defence are maintained and that due regard is taken of the wildlife. This has recently been adopted and is likely to increase the habitat suitability for many species including the otter, other species that will benefit are the water vole, native crayfish and some fish species as well as many species of aquatic plants. The fact that otter spraints have been found on a number of drains soon after maintenance was carried out provides support for this belief.

For further information on the role of Drainage Boards, or their conservation work, please contact the office in King's Lynn on 01553 669500 or for specific advice on otters, or habitat management for them please contact the Anglian Otters and Rivers Project Officer at the Norfolk Wildlife Trust in Norwich on 01603 625540.

Lou Mayer

Conservation Officer. King's Lynn Consortium of Internal Drainage Boards

* * * * *

Great Hautbois

To the north west of Coltishall is Great Hautbois, now a small hamlet with some of its houses clustered near the pleasant common and ponds. Great Hautbois, pronounced 'hobbus', is mentioned in the Domesday Book of 1086 and in medieval times was classed as a town. Once, however, there was a Roman villa, a Saxon church, a moated castle and a hospital for pilgrims and travellers to rest in as well as, one presumes, several houses to make up the local community. The remains of the church with its round tower can still be visited and was a place of pilgrimage in medieval times as people came from far and wide to visit and see the statue of 'St Tibbald' and there was 'much working of miracles' reported. The interpretation of the French 'Hautbois' is tall wood but I have read a theory that the name developed from the Norse and means a marshy place – the truth is, I fancy, lost in the mists of time!

We have been blessed to live in Hautbois for seven years in a beautiful rambling house, part of which dates back to at least the 16th century. The house was possibly built as a Tudor timber frame hall house with the first floor inserted in the 17th century and was clad in brick many ages ago. In amongst the brick and flints at the rear of the house are many large stone inserts which are purported to have come from the remains of Hautbois Castle. Several of the rooms are heavily beamed and, with medieval carvings in the dining room and a guest bedroom, it maybe that the house is has even earlier origins than the 16th century. Set in its own large grounds we have several rooms available for overnight stays and if you are interested please contact Hilary Oliver on 01603 737447.

News From The Post Office

Your Local Bank

Did you know that there are branches of several major banks in Coltishall? Somewhere you can draw cash and pay money into your account, with a friendly cheerful (well most of the time!) face to help you? With no charges? Where? At the Post Office.



The Post Office has been working hard to bring banking into the Post Office branch network. For some time now we have been able to cash cheques and accept deposits for several banks, but from April we have been able to carry out online banking for all current accounts with Barclays and Alliance and Leicester. That means you can draw cash out using your cash card and pin number or, if you prefer, by writing out a cheque.

We can also carry out online banking for certain basic accounts with a number of other banks and offer cheque cashing and deposit facilities for Lloyds TSB, Co-op Bank, Smile and Cahoot.

So if you want banking services in Coltishall, come and see us!

Travel Services

Many of you are getting ready to go away on foreign holidays ahead of the summer rush. Have you remembered everything? Here's a few things we can help you with:

- Foreign currency: you can get your foreign currency and travellers cheques from the Post Office in Coltishall commission free. You need to order the money a minimum of two working days before you travel (four if possible). You can pay by cash, credit card or cheque up to your cheque card limit.
- Travel Insurance: You probably have this all arranged by now, but for an impromptu trip or weekend break, don't forget the Post Office offers travel insurance at very competitive prices – much cheaper than most travel agents and tour operators.
- E-111 form: If you are travelling in Europe this is essential to get reciprocal health services. Get a form from us, complete the details and bring it in to be stamped and authorised. There is no charge for this.
- Holiday Phonecard: This is a new type of phonecard which you can use from most countries to phone home – much cheaper than using mobiles or hotel phones and easier than using public phones. Cards cost £10 each.
- Want us to hold your mail for you while you are away? Use the Keepsafe service to have us hold your mail at the Post Office until you get home.

For more information on any of the above, ask any of us at the Post Office or call us on 737277. Finally, don't forget to cancel your papers – have a great holiday!

Steve Haines Subpostmaster
Email: steve@unilake.co.uk

Extracts from the Draft Minutes of a Meeting of Horstead Parish Council Held in the Tithe Barn on Wednesday, 14th May 2003



Election of Officers:

Mr Roger Brighton and Mr John Neville were elected respectively Chairman and Vice-Chairman on the Council for the forthcoming year. The Clerk, Mrs Christine Roe, was re-elected as Responsible Finance Officer. Following the adoption of Standing Orders it was agreed there would not be meetings in August and December, unless in an emergency.

Matters Arising:

1. The maintenance had been completed on the Jubilee Oak, junction of Mill and Norwich Roads.
2. The Parish Council would no longer be responsible for the monitoring of Footpaths and Public Rights of Way (previously a Delegated Function for the District Authority). Letters of appreciation were to be sent to Mrs S Clark and Mr E Smalls who had carried out the functions. The Clerk would still be responsible for monitoring of Street Cleanliness and Litter Collection.
3. Insurance - The Council's insurance premium was this year £783.15, an increase of £105.06

Accounts:

The Accounts for the year ending 31st March 2003 were proposed and adopted.

Low Flying Aircraft:

Concern had been expressed in the village, at the increase in flying activity from RAF Coltishall, since 4 squadrons were accommodated, and, in particular, the home for the practicing 'Singleton'. It was agreed to write to the MOD for a copy of the report - subject the noise monitoring, which was carried out in 2001, and not published. The question of assistance to parishioners affected by noise pollution, would also be included in the correspondence.

Mill:

Mr Brighton reported that dredging at the entrance to the Mill Pool had been completed, and this should prevent further silting. Plans were presented covering remedial work to be carried out to the pool side adjoining Mill Road, which was badly eroded and becoming dangerous. Quay heading would be installed, but still with access to the beach. A small slipway would be installed in the pool for use of canoeists and dinghies. Costs would be met from the Land Tax Grant and Broads Authority. The plans were approved.

Seat Mill Road Corner:

After four weeks public consultation, following objections from nearby residents, because of the overwhelming response in favour, it was agreed to replace the seat. In the interest of all concerned, however, it was agreed to monitor the situation, and should this seat again attract unruly youths etc., the question of removal would be discussed.

Pond and Reading Room Site:

A meeting between the Lord of the Manor, the Chairman and other Councillors, had amicably discussed the situation regarding the Pond and Reading Room sites and matters had been resolved. The Council hopes to obtain the relevant insurance for Public Liability in due course.

Footnote - Following the meeting with the Lord of the Manor the Council also met with the owner of the adjoining meadow, which had recently been the subject of landfill operations with top soil.

Mr Smith, the owner, confirmed the work was only to stabilize the water logged soil, so it could be used as a paddock for horses. He also agreed to landscape the rear of the pond which has become overgrown with scrub.

Recreation Ground:

Contractors to be consulted regarding the aerial runway, following collapse of one of the cross members. The question was raised, whether it was financially viable to replace the complete equipment. Over the weekend of 10th May one of the goalpost nets had been stolen. Quotes had been obtained for painting the children's slide.

Notice Board - Green Lane:

The glass had been smashed by vandals recently. The Chairman agreed to carry out repairs etc.

Charity Garden Evening



Mr and Mrs Andrew Buxton have made their beautiful gardens at Hoveton Hall available for a Charity Garden Evening to be organised by the Rotary Club of Broadlands. This will be on the evening of Friday, 11th July 2003 commencing at 6.30pm. There will be entertainment from Just Jazz with a Hog Roast and Real Ale and Wine available.

The main beneficiaries of the evening will be the Norfolk and Norwich Association for the Blind and the Motor Neurone Disease Association.

The evening will also allow the opportunity to stroll around the wonderful gardens and lake. Entrance £6 by ticket or £7 on the night which will include strawberries and cream. Tickets available from:

Tony Rushton, Rotary Club of Broadlands, "Orchard Mead", Ropes Hill, Horning Tel: 01692 631195

Richard Mayer , Rotary Club of Broadlands , 25 Cuttens Corner, Hemblington, Norwich, NR13 4PS Tel 01603 715796 or

SAE to Norfolk and Norwich Association for the Blind, Magpie Road, Norwich, NR3 1JH

Do you have any of these skills?

- Administrative
- Chairing meetings
- Minute taking
- Training
- Communication
- Fundraising
- Supporting others
- Running a business



People First of Norfolk is a charity which provides self advocacy services to adults with learning difficulties

We need volunteers to help us do our work
Using your skills and experience could you support us?

For an information pack please call Norwich People First 01603 789889



The Royal British Legion

80! Eighty! 80! Eighty

80 years ago this month (June) the Coltishall & District Branch of the British Legion was formed. Yes - for 80 years this Branch has cared for the ex-Service people and their dependants in this district.



From its inception it thrived and its service to the ex-Service community culminated in the Legion's highest national award (the Haig Cup) being awarded to the Branch for being 'the most progressive and efficient small branch in England and Wales'. The Branch Standard proudly bears a streamer notifying this award.

Following the Second World War, the branch went forward again. Its fetes and gymkhanas becoming County events. The success of these enabled the Branch in its welfare work and again it won a number of county cups and awards for its work. Throughout eighty years many, many ex-service people and/or their ex-service dependants have been, and still are, grateful to the Legion for its assistance during their hard times.

Sadly, as the older members 'fade away', nobody takes their place and if we are to carry on our work to reach our centenary we need new members. The best celebration for our 80th birthday would be to welcome a dozen or so new members!!

What about you??? If you are ex-service and not a member, why not? Surely you should be supporting the charity which cares for the comrades you fought or served with. If you are not ex-service we would still be pleased to welcome you as you only have to be over 18 and support the aims of the Legion to become a member. **Ladies** (ex-service or not) we would welcome you as well.

Contact: B Jordan (738325) B Jennings (738335) C Smith (737544)

Personal benefits of membership include:-

Travel – 7½ % off most travel arrangements and competitive prices for tailor made travel.

Insurances - Favourable rates, with guaranteed savings, on Accident, Motor, Household (Buildings and Contents) and other insurances. For each policy insurers contribute to Legion funds.

Clubs - Your Branch membership's card entitles you to join a Legion Club. This card gives you access to 900 clubs social centres (useful on Holidays).

MasterCard – No annual charges and low APR. Bank donates to Legion funds each time the card is used.

And, of course, the satisfaction that you are supporting the main charity caring for those who serve us in the country's Armed Services. **Join now!!**

* * * * *

The Silent Tribute and Exhortation at our May meeting were led by our Chairman Bob Jennings. The financial report was given by Captain H B Moore. Members were reminded of the Group 5 Rally at Aylsham.

The next Branch meeting will be on Monday, 9th June at Coltishall Church Room at 7.30 pm.



THE JUBILEE PLAYERS



Things have stayed much the same for the Jubilee Players during the month of May and will probably continue to do so during the month of June.

Rehearsals are going really well and hopefully the four one act plays will be ready for your enjoyment in July. It just seems very difficult to get everybody together in one place at the same time. People have gone off on holiday, moved house, couldn't get a baby sitter, been working, the list of excuses seems to be endless. But don't worry, we will have some sort of production for you in July. Well, I hope so.

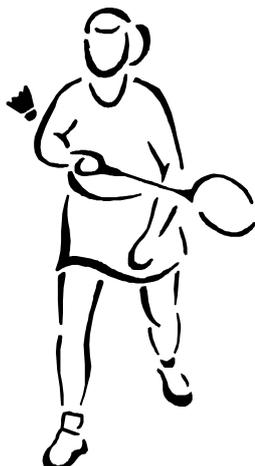
At the moment July seems so far away, or is it just my fevered imagination? I fear I might be getting into the trap of thinking that I have longer to learn my lines than I really do. But at the moment no matter how hard I try I can't seem to remember anything. Mind you, that is a usual state of affairs, not just trying to remember lines, I can't remember anything. I would put it down to my age, but I keep trying to tell myself I am not that old!

Just so you know the performance will actually take place Wednesday 23rd, Thursday 24th and Friday 25th of July at 7.30pm at the Tithe Barn, Horstead. I hope those of you who have a better memory than me remember that we are doing four one-act plays; Costa del Packet by Anthony Booth, Murder Play by Brian J Burton and two from Deckchairs by Jean McConnell. There will be something for everyone, a bit of a thriller, a bit of sadness and a lot of humour and hopefully some laughter put in for good measure. No not hysteria from the cast, just laughter from the audience, I hope!

And finally, heaving a great sigh of relief, the tickets will go on sale from Wednesday the 25th of June at the amazing price of £3.50. These will be available from the box office, which is run by Carol White. You can order your tickets from Carol by telephoning (01603) 737665, book early to avoid disappointment.

Well, that's about all from the Jubilee Players for now, I don't think I have forgotten anything, but you never know. No doubt I will remember it when the Marlpit has been printed. I'm off to learn my lines and don't you forget to buy your tickets for the forthcoming production.

Jayne Downing (01603 736450  jayne@tinkies.freemove.co.uk



Need a little exercise? Want a little fun?

Then play badminton at the Tithe Barn
Monday evenings, 8.00 till 10.00

Any age, any ability, friendly standard

Just come down or call Carl on 738399

Hope to see you there!

Run, Jog Or Walk?



In March we, the Groves family, had the privilege to be invited to the East Anglia's Children's Hospice at Quidenham and saw first hand the facilities available to their temporary patients.

We spoke to various carers and were shown and told of the many ways that these children were cared for, cherished and stimulated in their final days.

We were impressed, as any normal person would be, and resolved to help as much as possible. This Sunday, 11th May, Paul and I are doing a sponsored cycle ride in Thetford forest called 'Ride for Life'. Only 10 miles, sounds easy but I did it last year and can assure you that it's 'bloody hard'.

However, the 4th event to remember Michael and to raise money for Quidenham this year called the Mike Groves Run 2003 (obviously) is on the evening of the Friday, 18th July.

The venue is the same

The course is the same

The entry fee is the same

And once again the more that enter and the more sponsorship and donations that are received the more we can send. I can assure you that they need the money more than any of us. The running costs of each hospice is phenomenal. There is a multi sensory room at Quidenham using lights and sound to stimulate or sooth a variety of conditions, at an estimated cost of £100 a week, every week.

Last year we raised over £1,200. Can we match that, can we better that? The answer must be 'please God yes'.

If anyone cannot participate I am quite happy to receive a donation and, if any local business also wants to contribute, remember that such donations are tax deductible.

Entry forms are available from The Pharmacy, The Post Office store, Londis or from me at Forever Autumn, Westbourne Road. Telephone 737262.

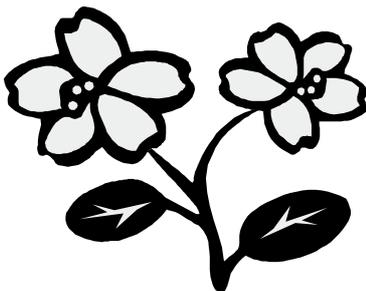
Alan Groves

* * * * *

Wroxham Flower Club

The Church Hall, Wroxham

Wednesday, 11th June 2003, Start 7.30 pm



Tonight the demonstrator will be Julie Woods of Cambridge, The title of her demonstration will be 'Summer Splendour'. There will be a competition for members this evening entitled 'A Summer Basket' so we hope to see lots of entries for this.

There will be a Plant Stall and the sales' table will have lots of flower arranging goodies at reasonable prices. Refreshments will be served. Visitors are welcome for a charge of £3.

New members who wish to join are always welcome; you do not have to be a flower arranger. Please telephone 01603 783677 for more details.

Coltishall Social Club



Coltishall Social Club are pleased to say that on Saturday, 28th June we have the marvellous group THE DOGS back playing for us. They have been very popular with everyone when they have played here on previous nights and we hope that they will again.

Also I would like to take this opportunity to tell you that we also have a Horse Racing Night on Saturday, 26th July which has also been a very popular event in the past. Tickets for the Racing Night will be on sale at the Social Club for £5 per person or if you book a table which holds 8 people, then the table can be booked for £35. So bring a friend for free! We will be having a professional commentator on the night to make sure that everything goes smoothly and is fair on those wishing to take part. This event will take place in the Village Hall.

This will also be advertised in the Marlpit next month. We hope to see you all here on these nights and I'm sure that a great night will be had by all.

Bar Manager

Beverley Goodley and all the Bar Committee

* * * * *

Wroxham & Hoveton Lions Club – June 2003



50/50 Auction – Sunday 1st June in Hoveton Village Hall, Martyn Fox of Keys Auctioneers will sell all lots, proceeds will go to any one of many local Charities the Club supports. If you have a saleable item it can be brought to the Village Hall up to 11 am on the day, viewing is from 12 noon, the Sale Starts at 1 pm.

Diabetes UK – Lions raise funds nationwide for this worthwhile cause. I am taking a Walk in the Park on Sunday 15th June, 4 miles round Sandringham Park - sponsors would be appreciated or if you would like a sponsorship form please give me a ring. The venue is by kind permission of Her Majesty the Queen, another supporter of Lions.

We need your Bra's - For all bra's given to us this month will result in £1 to charity, if your club or school gets together and collects more than 50 we will give your charity 50p and the other 50p to Breast Cancer Care – Your support is needed!! Ring for details.

New man at the top – On 24th June Lion Mike Barker takes over as President for the second time. Lion Mike was a Charter member of our club formed in 1976. He was in the chair 17 years ago. We all wish him well for another year of: Ordinary People Doing Amazing Things.

Wendy Holmes of Hoveton won the Lions Shop draw - £100 will be sent to the Mundesley Inshore Life Boat (An independent Community Funded Lifeboat). Thank you all for the donations of all manner of saleable things!

Lion President David Pye 738599 – davidpye@lineone.net The Lions Shop 783737

Our District Website is to be found on www.lionsmd105.com; we welcome visitors!

**The Mill House Nursing Home
Mill Road, Horstead**



Will organisers of events **Please Note** that we are holding our **Garden Party** on **Saturday, 2nd August** at 2pm.

More details in the July Marlpit.

Friends of Coltishall Primary School
invite you to a **C E R O C** evening
Learn the fastest growing partner dance in the UK!
Coltishall Primary School, St Johns Close

Saturday, 7th June 2003

7.30pm - 11pm

Everyone welcome!

Tickets £3 available from:

Coltishall Primary School, 737481 or
Annette Durbin, 736663

Bring a friend or come on your own! Easy to learn and fun!





**Taverham Hall
Sponsored Walk For Breakthrough Breast Cancer**

Sunday, 8th June 2003, 10.00 - 13.00

All Welcome

Walk, Hop, or Run around the grounds of Taverham Hall

Sponsored Toddle in the walled garden
Prizes for best fancy dress!
Refreshments available on route

For sponsorship forms please contact Ann Nickerson 01692 630553

B.B.C Registered charity 1062636
Taverham Hall charity 311272